

# Information Security Management

## Chapter 3 Planning for Contingencies

Webster University  
Scott Granneman

“Things which you do not hope  
happen more frequently  
than things which you do hope.”

-- Plautus (c. 254–184 BCE),  
in *Mostellaria*,  
Act I, Scene 3, 40 (197)

Upon completion of this chapter,  
you should be able to:

Understand the need for contingency planning

Know the major components  
of contingency planning

Create a simple set of contingency plans,  
using Business Impact Analysis

Prepare and execute a test of contingency plans

Understand  
the combined contingency plan approach

This chapter focuses on  
planning for the unexpected event,  
when the use of technology is disrupted  
& business operations come to a standstill

Procedures are required  
that will permit the organization  
to continue essential functions  
if IT support is interrupted

Over **40%** of businesses  
that don't have a disaster plan  
go out of business after a major loss!

# Contingency Planning (CP): planning for unexpected events

It is how organizational planners  
position their organizations  
to prepare for, detect, react to, & recover from  
events that threaten  
the security of info resources & assets

Main goal: **restoration**  
to normal modes of operation  
with minimum cost & disruption  
to normal business activities  
after an unexpected event

## CP Components

- ✓ Incident response planning (IRP)  
focuses on immediate response
- ✓ Disaster recovery planning (DRP)  
focuses on restoring operations  
at the primary site after disasters occur
- ✓ Business continuity planning (BCP)  
facilitates establishment of operations  
at an alternate site

To ensure continuity across  
all CP processes  
during planning process,  
contingency planners should:

- ✓ Identify mission- or business-critical functions
- ✓ Identify resources supporting critical functions
- ✓ Anticipate potential contingencies or disasters
  - ✓ Select contingency planning strategies
    - ✓ Implement selected strategy
    - ✓ Test & revise contingency plans

Four teams are involved  
in CP & contingency operations:

- ✓ CP team
- ✓ Incident recovery (IR) team
- ✓ Disaster recovery (DR) team
- ✓ Business continuity plan (BC) team



NIST describes the need  
for this type of planning as:

“These procedures (contingency plans,  
business interruption plans,  
& continuity of operations plans)  
should be coordinated with  
the backup, contingency, & recovery plans  
of any general support systems,  
including networks used by the application.  
The contingency plans should ensure  
that interfacing systems are identified  
& contingency/disaster planning coordinated.”

# Components of CP



**FIGURE 3-1** Contingency Planning Hierarchies

## **Incident Response Plan (IRP):**

Detailed set of processes & procedures that anticipate, detect, & mitigate the impact of an unexpected event that might compromise information resources & assets

## **Incident response (IR):**

Set of procedures that commence when an incident is detected

When a threat becomes a valid attack,  
it is classified as  
an information security incident if:

- ✓ It is directed against information assets
  - ✓ It has a realistic chance of success
    - ✓ It threatens the confidentiality, integrity, or availability of information assets

It is important to understand that  
IR is a reactive measure,  
not a preventative one

During the incident ...

- ✓ Planners develop & document the procedures that must be performed during the incident
- ✓ These procedures are grouped & assigned to various roles
- ✓ Planning committee drafts a set of function-specific procedures

After the incident ...

- ✓ Once the procedures for handling an incident are drafted, planners develop & document the procedures that must be performed immediately after the incident has ceased
- ✓ Separate functional areas may develop different procedures

## Before the incident ...

Planners draft a 3rd set of procedures, those tasks that must be performed in advance of the incident, including:

- ✓ Details of data backup schedules
- ✓ Disaster recovery preparation
  - ✓ Training schedules
  - ✓ Testing plans
- ✓ Copies of service agreements
  - ✓ Business continuity plans

Planning requires a  
detailed understanding of info systems  
& threats they face

IR planning team seeks  
to develop pre-defined responses  
that guide users through steps  
needed to respond to an incident

Pre-defining incident responses  
enables rapid reaction  
without confusion or wasted time & effort



IR team consists of  
professionals capable of  
handling info systems & functional areas  
affected by an incident

Each member of the IR team must:

- ✓ Know their specific role
- ✓ Work in concert with each other
- ✓ Execute the objectives of the IRP

How do you detect an incident?

Is an event routine system use  
or an actual incident?

Incident classification:  
process of examining a possible incident  
& determining whether or not  
it constitutes actual incident

Initial reports from ...

- ✓ end users,
- ✓ intrusion detection systems (IDS),
- ✓ host- & network-based anti-virus software,
- ✓ sysadmins

... are all ways to track & detect  
incident candidates

Careful training  
allows everyone  
to relay vital information to the IR team

# Incident Indicators

## Possible Indicators

- ✓ Unfamiliar files
- ✓ Unknown programs or processes
- ✓ Unusual consumption of computing resources
- ✓ Unusual system crashes

## Definite Indicators

- ✓ Use of dormant accounts
  - ✓ Changes to logs
- ✓ Presence of hacker tools
- ✓ Notifications by partner or peer
- ✓ Notification by hacker

## Probable Indicators

- ✓ Activities at weird times
- ✓ Presence of new accounts
  - ✓ Reported attacks
- ✓ Notification from IDS

# Apple home page, 1997



# Welcome to Apple

JULY

14



## Introducing CyberDrive

*Register today for a free CD-ROM.*

## EMATE 300

Mobile,  
Affordable,  
& Smart



## MOVIES FROM MARS

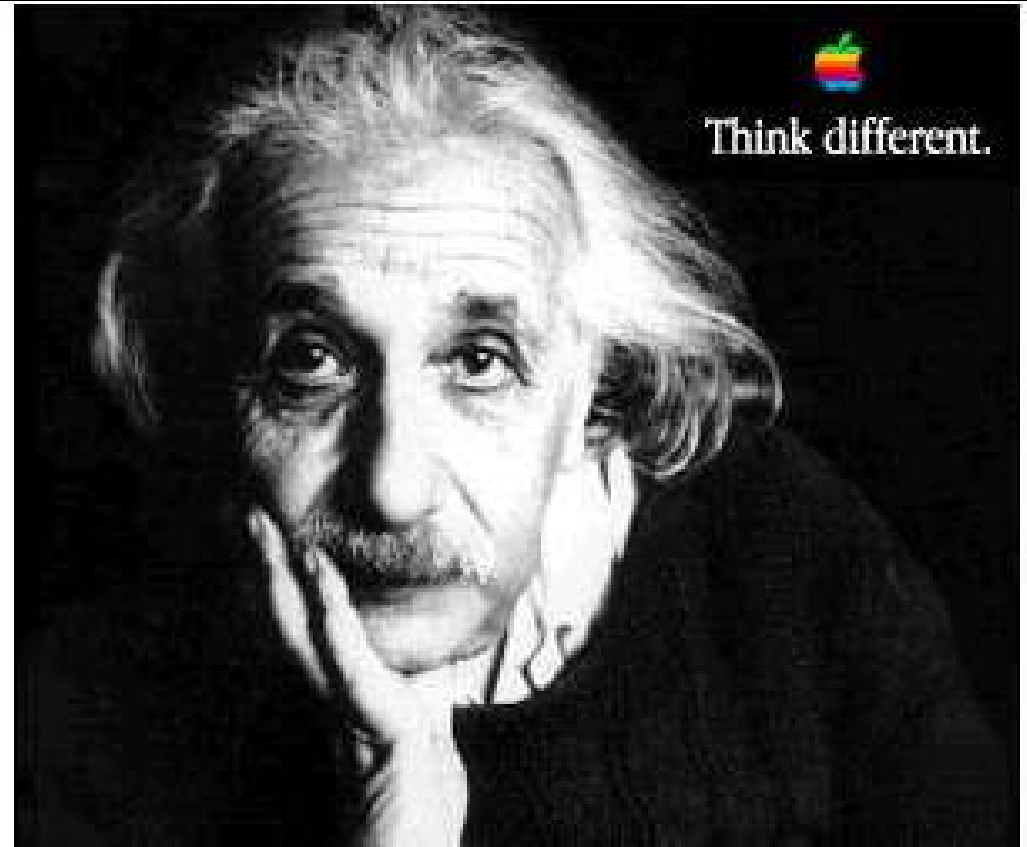


QuickTime VR  
Takes You Out  
of this World

# Apple home page, 1997

# Apple

November 10, 1997



Think different.

*A very different chip.*



Computer science meets  
rocket science.

*A very different store.*



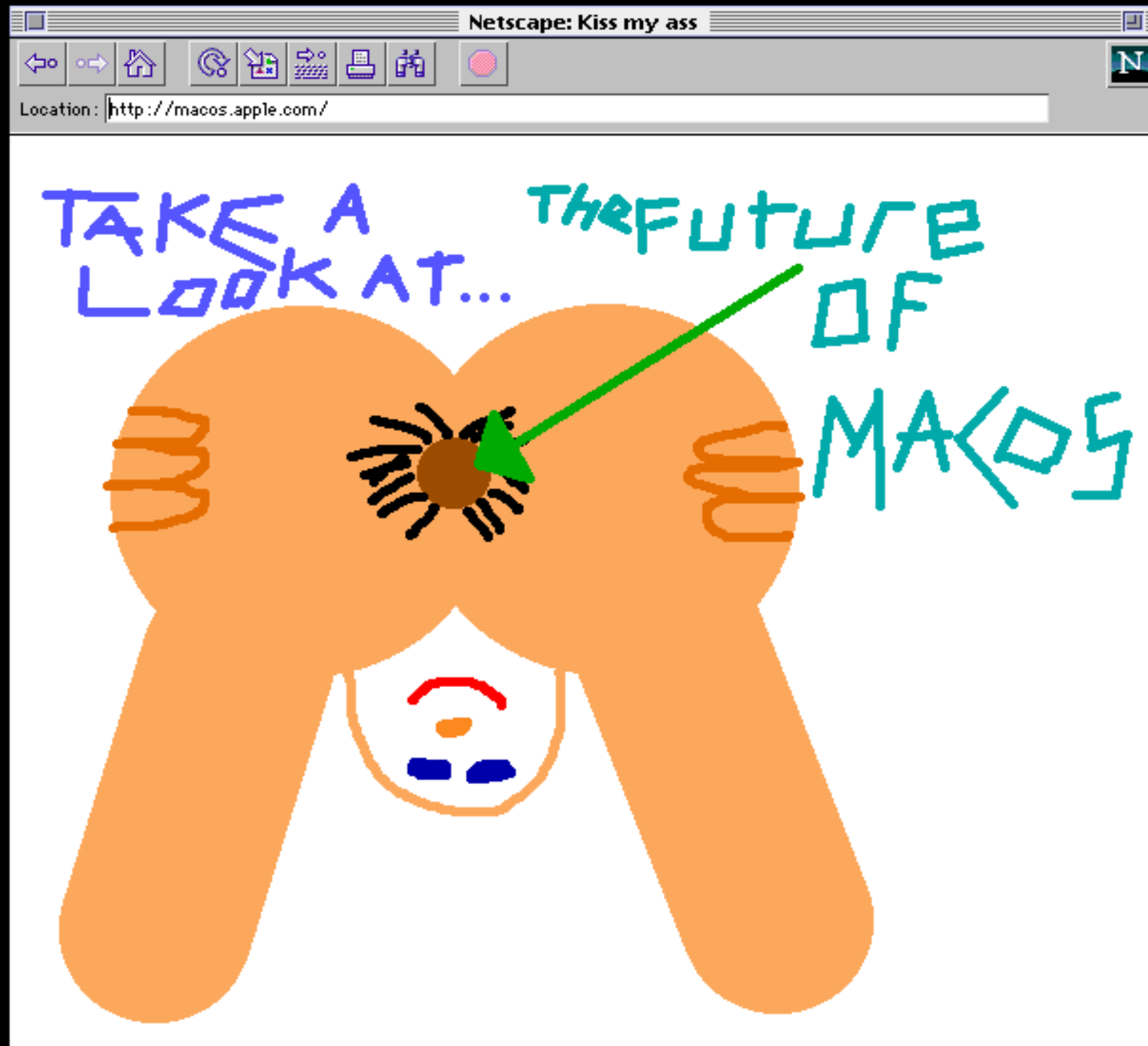
Our e-doors are now open.

*A very different factory.*



Anyone can use a Mac.  
Now anyone can build one.

# Apple home page for a few hours, 1997



## Occurrences of actual incidents:

- ✓ Loss of availability
- ✓ Loss of integrity
- ✓ Loss of confidentiality
- ✓ Violation of policy
- ✓ Violation of law



Once an actual incident  
has been confirmed & properly classified,  
the IR team moves  
from detection phase to reaction phase

In the incident response phase,  
a number of action steps  
taken by the IR team & others  
must occur quickly  
& may occur concurrently

These steps include  
notification of key personnel,  
the assignment of tasks,  
& documentation of the incident

As soon as incident is declared,  
the right people  
must be immediately notified  
in the right order

**Alert roster:**

document containing contact information  
of individuals to be notified  
in the event of actual incident  
either sequentially or hierarchically

**Alert message:** scripted description of incident

Other key personnel must also be notified  
only after incident has been confirmed,  
but before media or other sources find out

As soon as an incident has been confirmed  
& the notification process is underway,  
the team should begin documentation

Should record the  
who, what, when, where, why, & how  
of each action taken  
while the incident is occurring

Serves as a case study after the fact  
to determine if right actions were taken  
& if they were effective

Can also prove the organization  
did everything possible  
to deter the spread of the incident

# Incident Containment

Essential task of IR is to stop the incident or contain its impact

Incident containment strategies focus on two tasks:

- ✓ Stopping the incident
- ✓ Recovering control of the systems

IR team can stop the incident &  
attempt to recover control  
by means of several strategies:

- ✓ Disconnect affected communication circuits
  - ✓ Dynamically apply filtering rules to limit certain types of network access
  - ✓ Disable compromised user accounts
- ✓ Reconfigure firewalls to block problem traffic
- ✓ Temporarily disable compromised process or service
  - ✓ Take down conduit application or server
  - ✓ Stop all computers & network devices

# **Incident Escalation**

An incident may increase  
in scope or severity  
to the point that the IRP  
cannot adequately contain the incident

Each organization will have to determine,  
during the business impact analysis,  
the point at which  
the incident becomes a disaster

The organization must also document  
when to involve outside response

# **Incident Recovery**

Once the incident has been contained,  
& system control regained,  
incident recovery can begin

IR team must assess full extent of damage  
in order to determine  
what must be done to restore systems

Immediate determination of the scope of the  
breach of confidentiality, integrity, & availability  
of information & information assets  
is called **incident damage assessment**

Those who document the damage  
must be trained to collect & preserve evidence,  
in case the incident is part  
of a crime or results in a civil action



Once the extent of the damage  
has been determined,  
the **recovery process** begins:

- ✓ Identify & resolve vulnerabilities  
that allowed incident to occur & spread
- ✓ Address, install, & replace/upgrade  
safeguards that failed to stop or limit the incident,  
or were missing from system  
in the first place
- ✓ Evaluate monitoring capabilities (if present)  
to improve detection & reporting methods,  
or install new monitoring capabilities

more ... →

- ✓ Restore data from backups as needed
- ✓ Restore services & processes in use  
where compromised (& interrupted)  
services & processes  
must be examined, cleaned, & then restored
- ✓ Continuously monitor system
  - ✓ Restore the confidence  
of the members  
of the organization's communities of interest

Before returning to routine duties,  
the IR team must conduct  
an **after-action review** (AAR)

AAR: detailed examination  
of events that occurred

All team members:

- ✓ Review their actions during the incident
  - ✓ Identify areas where the IR plan worked, didn't work, or should improve

When incident violates civil or criminal law,  
it is an organization's responsibility  
to notify proper legal authorities

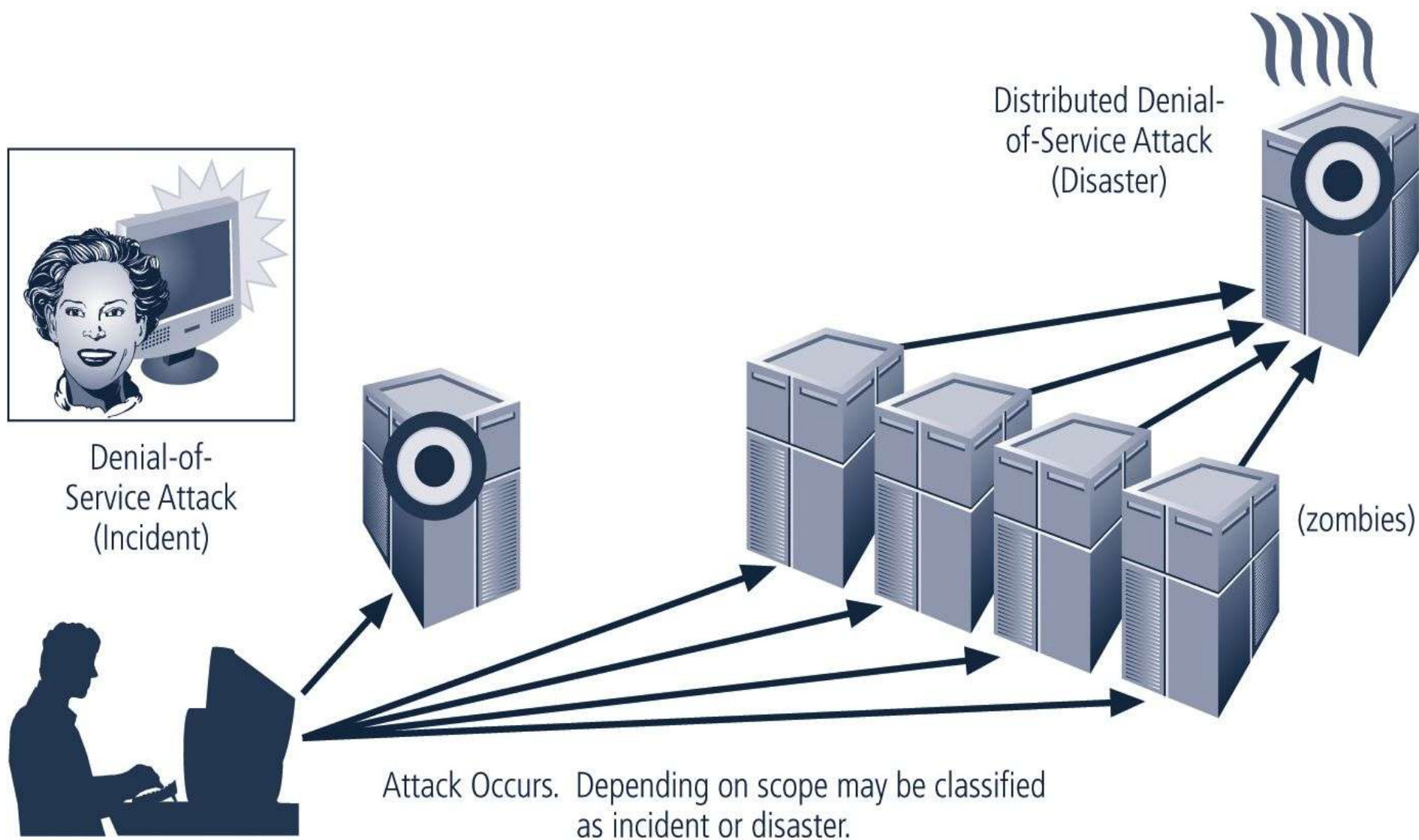
Selecting appropriate law enforcement  
depends on the type of crime committed:

- ✓ Federal
- ✓ State
- ✓ Local

Involving law enforcement  
has both advantages & disadvantages:

Usually much better equipped  
at processing evidence,  
obtaining statements from witnesses,  
& building legal cases

However ...  
involvement can result  
in loss of control  
of chain of events  
following an incident



**FIGURE 3-3** Incident Response and Disaster Recovery

**Disaster recovery planning (DRP)**  
is the preparation for & recovery from  
a natural or man made disaster

In general, an incident is a disaster when:

✓ organization is unable to contain or control  
the impact of an incident

OR

✓ level of damage or destruction  
from incident is so severe,  
organization is unable to quickly recover

Key role of DRP:  
defining how  
to reestablish operations  
at location  
where organization is usually located



A DRP can classify disasters  
in a number of ways

Most common method:  
separate natural disasters  
from man-made disasters

Another method:  
by speed of development  
(rapid onset or slow onset disasters)

Scenario development & impact analysis  
are used to categorize  
the level of threat  
of each potential disaster

DRP must be tested regularly

## Key points in the DRP:

- ✓ Clear delegation of roles & responsibilities
  - ✓ Execution of alert roster & notification of key personnel
- ✓ Clear establishment of priorities
  - ✓ Documentation of the disaster
- ✓ Action steps to mitigate the impact
  - ✓ Alternative implementations for various systems components

Crisis management:  
set of focused steps  
taken during & after a disaster  
that deal primarily with people involved

Crisis management team manages event:

- ✓ Supporting personnel & their loved ones during crisis
  - ✓ Determining event's impact on normal business operations
- ✓ When necessary, making a disaster declaration
  - ✓ Keeping public informed about event
  - ✓ Communicating with outside parties

Two key tasks  
of crisis management team:

- ✓ Verifying personnel status
- ✓ Activating alert roster

# Responding to the disaster:

Actual events often outstrip  
even best laid plans

To be prepared, DRP should be flexible

If physical facilities are intact,  
begin restoration there

If organization's facilities are unusable,  
take alternative actions

When disaster threatens organization  
at the primary site,  
DRP becomes BCP

# Business Continuity Planning (BCP)

Ensures critical business functions  
can continue in a disaster

Most properly managed by CEO of organization

Activated & executed  
concurrently with the DRP when needed

Reestablishes critical functions at alternate site  
(DRP focuses on reestablishment at primary site)

Relies on i.d. of critical business functions  
& the resources to support them

# Several continuity strategies for business continuity

Determining factor is usually cost

Three exclusive-use options:

- ✓ Hot sites
- ✓ Warm sites
- ✓ Cold sites

Three shared-use options:

- ✓ Timeshare
- ✓ Service bureaus
- ✓ Mutual agreements



# **Exclusive use options**

## **Hot Sites**

Fully configured computer facility  
with all services

## **Warm Sites**

Like hot site,  
but software applications  
not kept fully prepared

## **Cold Sites**

Only rudimentary services & facilities  
kept in readiness

# Shared use options

## Timeshares

Like an exclusive use site but leased

## Service Bureaus

Agency that provides physical facilities

## Mutual Agreements

Contract between two organizations to assist

## Specialized alternatives:

- ✓ Rolling mobile site
- ✓ Externally stored resources

To get any BCP site running quickly,  
organization must be able to recover data  
utilizing various options

- ✓ Electronic vaulting:  
bulk batch-transfer of data to off-site facility
- ✓ Remote Journaling:  
transfer of live transactions to off-site facility
- ✓ Database shadowing:  
storage of duplicate online transaction data



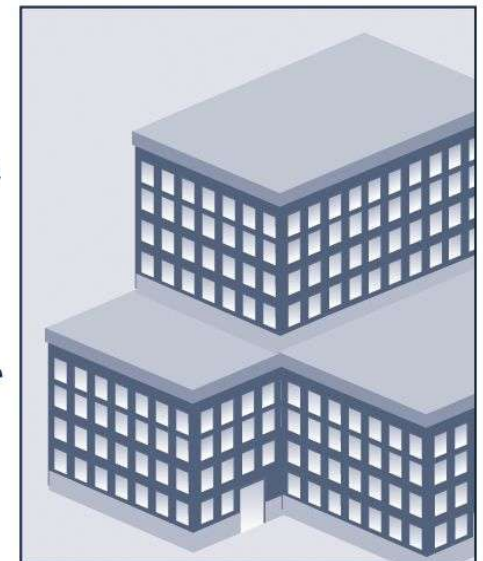
Organizational  
Disaster Occurs



Staff Implements DRP



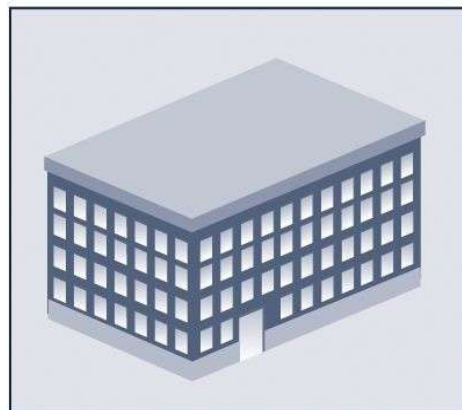
Business Continuity  
Moves Operations to



Alternate Site

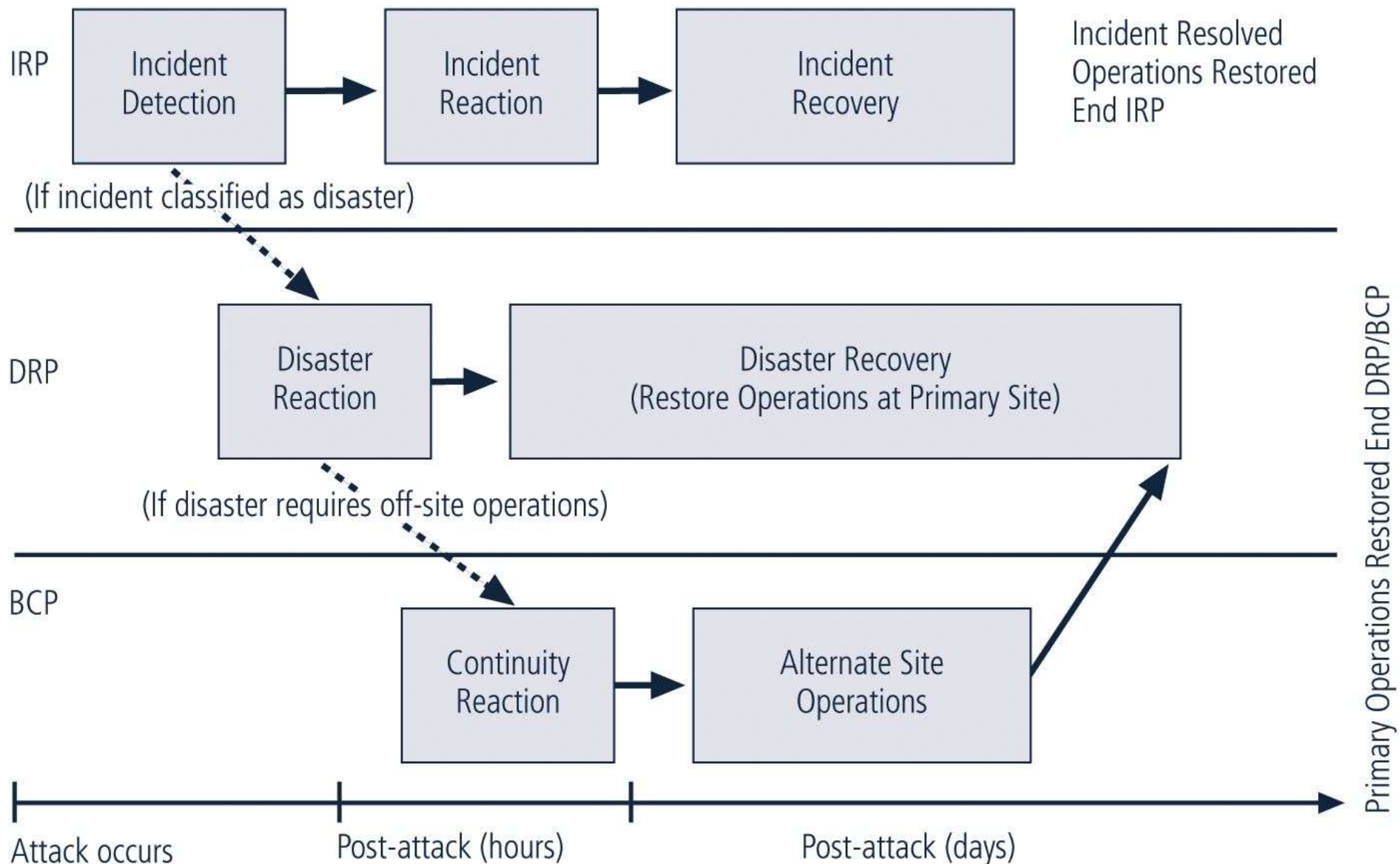


Disaster Recovery  
Works to Reestablish Operations at



Primary Business Site

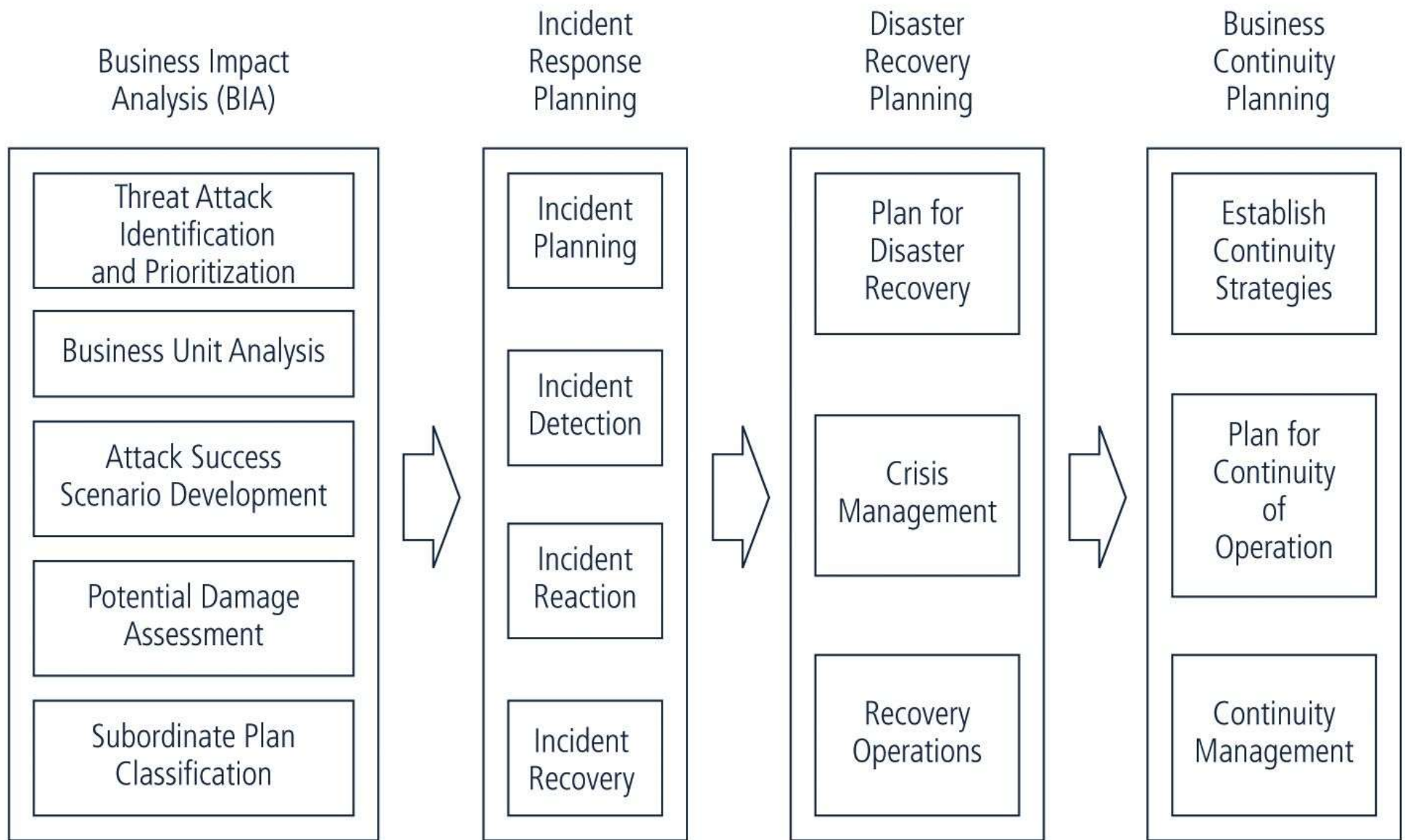
**FIGURE 3-4** Disaster Recovery and Business Continuity Planning



**FIGURE 3-5** Contingency Plan Implementation Timeline

The CP team should include:

- ✓ Champion
- ✓ Project Manager
- ✓ Business managers
- ✓ IT managers
- ✓ InfoSec managers



**FIGURE 3-6** Major Tasks in Contingency Planning

# Business Impact Analysis

Provides information about systems/threats  
& detailed scenarios  
for each potential attack

Not risk management focusing on  
identifying threats, vulnerabilities, & attacks  
to determine controls

Assumes controls have been bypassed  
or are ineffective & attack was successful



CP team conducts BIA  
in the following stages:

- ✓ Threat attack identification
  - ✓ Business unit analysis
  - ✓ Attack success scenarios
- ✓ Potential damage assessment
- ✓ Subordinate plan classification

An organization that uses  
risk management process  
will have identified & prioritized threats

These organizations update threat list  
& add one additional piece of information:  
the attack profile

**Attack profile:**  
detailed description of activities  
that occur during an attack

Second major BIA task  
is business unit analysis:

analysis & prioritization  
of business functions  
within the organization

Next create a series of scenarios depicting impact of successful attack on each functional area

Attack profiles should include scenarios depicting typical attack, including:

- ✓ Methodology
- ✓ Indicators
- ✓ Broad consequences

More details are added, including alternate outcomes: best, worst, & most likely

From detailed scenarios,  
the BIA planning team  
must estimate the cost  
of the best, worst, & most likely outcomes  
by preparing an attack scenario end case

This will allow identification  
of what must be done  
to recover from each possible case

Once the potential damage  
has been assessed,  
& each scenario  
& attack scenario end case  
has been evaluated,  
a related plan  
must be developed or identified  
from among existing plans already in place

Each attack scenario end case  
is categorized as disastrous or not

Attack end cases that are disastrous  
find members of the organization  
waiting out the attack  
& planning to recover after it is over

Because DRP and BCP are closely related, most organizations prepare them concurrently & may combine them into a single document

Such a comprehensive plan  
must be able  
to support reestablishment of operations  
at two different locations

1. Immediately at alternate site
2. Eventually back at primary site

Therefore, although a single planning team  
can develop combined DRP/BRP,  
execution requires separate teams

# Sample disaster recovery plan:

- ✓ Name of agency
- ✓ Date of completion or update of the plan & test date
  - ✓ Agency staff to be called in the event of a disaster
    - ✓ Emergency services to be called (if needed)
- ✓ Locations of in-house emergency equipment & supplies
  - ✓ Sources of off-site equipment & supplies
    - ✓ Salvage Priority List
  - ✓ Agency Disaster Recovery Procedures
    - ✓ Follow-up Assessment

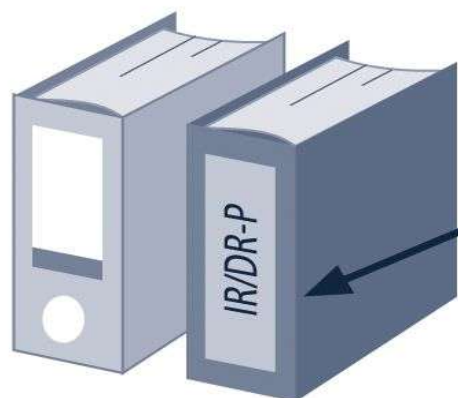


You must test your contingency plan!

Once problems are identified  
during the testing process,  
improvements can be made,  
& the resulting plan can be relied on

5 testing strategies can be used:

1. Desk Check
2. Structured walkthrough
3. Simulation
4. Parallel testing
5. Full interruption



Red binder has reflective red/yellow tape on spine for easy detection in low light and is clearly labeled

Clearly labeled tabs by prioritized incidents

## Major Sections

- I. Incident Response
- II. Disaster Recovery
- III. Business Continuity Planning

Order of Documents in Binder	Virus Procedures:
<b>Inside Front Cover:</b> Copy of important phone numbers	<b>DURING</b>
<b>1. Table of Contents</b>	1. Verify presence of virus
<b>2. Procedures by Incident (prioritized)</b>	.
<b>Order of Documents by Incident</b>	.
Front (white): DURING procedures	.
Middle (yellow): AFTER procedures	(sample entries, not meant to represent actual series of events, which may differ by organization policy)
Back (green): BEFORE procedures	
<b>3. Copy of IR/DP Planning Document</b>	
<b>4. Copies of Service Contracts</b>	
<b>5. Locations of Evacuation Sites with Directions</b>	
<b>Inside Back Cover:</b> Alert roster	

**FIGURE 3-8** Contingency Plan Format

Practice & change

Iteration results in improvement

A formal implementation of this methodology  
is a process known as  
Continuous Process Improvement (CPI)

Each time plan is rehearsed,  
it should be improved

Constant evaluation & improvement  
leads to an improved outcome

# Summary

What Is Contingency Planning?

Components of CP

Putting a CP together

Testing CP

A single Continuity Plan

Thank you!

Scott Granneman